

### **PE curriculum overview KS3**

**Intent:** To expose students to new sports they may not have been familiar with, either in and outside of school. Showing them that there is a physical activity for everyone and every interest. Building positive experiences through a supportive environment where not only physical ability is rewarded but effort and other skills are shown as equal value. We aim to see an increase in team work, communication skills and confidence in some students.

**Implementation:** The curriculum is split into 6 modules where the sports offered at the time of year co-inside with the typical seasons the sports are more widely played.

The curriculum builds through the 6 weeks starting with the similar skills to enable basic game play and progress to more specific and advanced skills towards the end of the module with the view to play full games by the end. The importance of this is to enable every student to progress and feel they can take part in a competitive situation. This then builds through Key stage 3 following the same lesson themes but increasing in complexity year on year.

**Impact:** Exposing students to new sports other than they are traditionally exposed to can help them understand they are able to take part in anything they want to and have a simple awareness of sports to be able to take up different sports in the wider community. To measure success within this not only will we see an increase in students physical literacy but also see a reduction in the amount of students not taking part in PE lessons and an increase in engagement, not only in Pe lessons but also within extra curricular activities and sport in the wider community and leisure time.

<b>Year 7: Introduction to skills- simple skills learnt and put into a competitive environment. Basic rules understood</b>					
<b>Module 1</b>	<b>Module 2</b>	<b>Module 3</b>	<b>Module 4</b>	<b>Module 5</b>	<b>Module 6</b>
Football	Basketball /Netball	Health related exercise	Hockey	Cricket	(Football/Volley ball in exam season)  Athletics

**Year 8: Development of skills- simple skills done well and more complex skills performed in competitive situations. Able to referee own games and start to help and coach others**

<b>Module 1</b>	<b>Module 2</b>	<b>Module 3</b>	<b>Module 4</b>	<b>Module 5</b>	<b>Module 6</b>
Football	Basketball /Netball	Health related exercise	Hockey	Cricket	(Football/Volley ball in exam season)  Athletics

**Year 9: Embed skills and knowledge- More complex skills performed, able to work in a team, apply some tactics to games and help to coach others in a supportive and positive way**

<b>Module 1</b>	<b>Module 2</b>	<b>Module 3</b>	<b>Module 4</b>	<b>Module 5</b>	<b>Module 6</b>
Football	Basketball /Netball	Health related exercise	Hockey	Cricket	(Football/Volley ball in exam season)  Athletics

## **Key stage 4 curriculum**

***Intent:*** to provide an opportunity to take part in physical activity and competitive sporting activity using skills already learnt, while still providing new activities to help discovering new activities. This is done in a more informal but safe environment similar to those they will encounter in the wider community. This more adult type of activity can continue to build into life long participation across Key stage 4

***Implementation:*** This curriculum will be offered through student choice, where they will be empowered to join friends to take part in and activity offered. Teachers will supervise but also offer coaching and hints and drills for students to do. Empowering the student to take ownership of their learning and decide the direction they want to take it.

***Impact:*** With a positive influence in KS4 participation levels that will be a metric to measure to impact on students. Ideally the impact of this would be as students get older they find physical activity enjoyable and start to take part in something outside of the school setting. This can help with the confidence to change a lifestyle